

PA-generating herbs - BHMA-EHTPA working list 8th August 2016

Adenostyles alliarae

Alkanna tinctoria [alkanet]

Anchusa officinalis *A. italica* [alkanet]

Borago officinalis [borage]

Chromolaena odorata [ropani]

Cordia dichotoma, *C. rothii* [shleshmaataka]

Crotolaria spp [shana]

Cynoglossum officinale et spp

Echium plantagineum, *E. vulgare*

Emilia sonchifolia [zi bei cao]

***Eupatorium cannabinum*, *E. fortunei*, *E. japonicum*, *E. triplinerve* [hemp agrimony, pei lan, ayapana]**

Gynura spp [jian feng wei]

Heliotropium spp [shash]

Ligularia fischeri [gomchwi]

***Lithospermum erythrorhizon et spp* [zi cao – also *Arnebia euchromia*]**

Lolium temulentum [mochani]

Mikania cordata et spp

Myosotis scorpioides [forget-me-not]

Onosma spp

Packera aurea (syn *Senecio aureus*)

Petasites hybridus

Senecio spp [ragworts – quian li guang]

Symphytum spp [comfrey root and leaf]

***Tussilago farfara* [coltsfoot, kuan dong hua]**

Trichodesma spp [adhapuspi]